



SUN SEA & SQUASH

THE SQUASH & THE SOCIAL

£650PP

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23RD - 30TH JUNE 2019

IN THE ROCK OF GIBRALTAR AT 6 COURT
CLUB GIBRALTAR SQUASH
ASSOCIATION

THE LONDON SQUASH COACH
AND RACKET UP FOUNDER ARE
BACK BY POPULAR DEMAND WITH
THEIR SECOND ADULT HOLIDAY CAMP

CONTACT

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WITH COACHES: BEN FORD AND NIAL ENGERER



THE SQUASH & THE SOCIAL



SUNDAY 23RD JUNE 2019

Flight from London Heathrow > Gibraltar International
Arrive and settle into accommodation
Relax and check out facilities etc.
Fun competition



MONDAY 24TH - SATURDAY 29TH JUNE 2019

Morning group coaching clinics led by Ben Ford & Niall Engerer
Free time to spend at the beach, enjoy some recreational activities or check out the history of Gibraltar
Organised competitions with prizes



SUNDAY 30TH JUNE 2019

Check out of hotel and take transfer to airport
Arrive back at London Heathrow
Suppress holiday blues



WITH
COACHES...

*The evening's organised competitions will include matches against the Gibraltar locals and representatives from the British Army squash team. **Limited to 20 spaces***



BEN FORD

LONDON SQUASH COACH
HEAD COACH AT BEXLEY SQUASH CLUB
HEAD COACH AT CHARING CROSS SPORTS CLUB



NIALL ENGERER

RACKET UP SQUASH ACADEMY FOUNDER
HEAD COACH AT DAVID LLOYD GIDEA PARK
"EX-ENGLAND JUNIOR INTERNATIONAL"

REGISTER NOW BY CONTACTING

londonsquashcoach@hotmail.com / niall@racketupsquash.co.uk